

Insights Discovery (EN)

Group Training

Training code	CGAINSDECE
Spoken Language	English
Language Materials	English
Dayparts	2
Price	€1.000,00 excl. VAT No extra costs.

What is Insights Discovery

In this interactive and varied training, you will discover that your way of viewing and interpreting the world is just one of many possible ways. You will learn that different behaviors can complement each other and that diverse perspectives can enrich collaboration.

The Insights Discovery profile is a psychometric tool based on Carl Jung's psychology. It helps individuals understand themselves and others, enhancing workplace relationships. The profile uses a four-color model to describe personality preferences and associated behaviors. These colors are:

- Fiery Red: Decisive and leadership-driven.
- Sunshine Yellow: Dynamic and creative.
- Earth Green: Nurturing and supportive.
- Cool Blue: Analytical and methodical.

The emphasis is on self-awareness, your own motives, and behavior. Additionally, you will delve into the motives and behaviors of others, such as team members or clients, which helps you to connect better. The color language of Insights Discovery is easy to understand and remember, allowing people to use this language daily to interpret behavior. The profile provides insights into your communication style, strengths, and areas for development, and helps you to connect better with colleagues, improve collaboration, and overcome challenges.

Who should attend Insights Discovery

For every professional who wants to get the best out of themselves and others every day, such as:

- Team Leaders: Enhance your leadership skills by understanding the diverse personalities within your team.
- HR Professionals: Gain tools to better manage and support employees with varied behavioral styles.
- Sales Professionals: Improve your ability to connect with clients by understanding their unique perspectives.



- Project Managers: Learn to leverage the strengths of different team members for successful project outcomes.
- Customer Service Representatives: Develop empathy and improve interactions with customers.
- Executives: Foster a culture of understanding and collaboration at the organizational level.
- Trainers and Coaches: Equip yourself with a powerful tool to help others understand and improve their interactions.
- Consultants: Enhance your ability to analyze and improve team dynamics in client organizations.
- New Employees: Quickly integrate into teams by understanding the diverse personalities and behaviors of colleagues.

Prerequisites

No prior knowledge or experience is required. An open mind and willingness to engage in self-reflection and group activities are essential.

Objectives

By the end of the training, you will be able to:

- Identify your strengths and areas for improvement.
- Empathize with colleagues and collaborators.
- Forge stronger connections with those around you.
- Appreciate the contributions of different team members.
- Achieve better results through improved collaboration.

This course is designed to deepen your understanding of diverse behaviors and improve your ability to work effectively with others.

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