

Coaching: the approach (NL)

Group Training

Training code	COABAS
Spoken Language	Dutch
Language Materials	Dutch
Dayparts	7
Price	€2.500,00 excl. VAT No extra costs.

What is Coaching: the approach

Organizational and employee development go hand in hand. Therefore, it is essential for organizations to focus on the professional and personal growth of their employees. In this training, you will learn coaching skills that enable you to contribute to this personal growth.

Through your coaching support, employees learn to solve their problems independently. While solution-oriented work is often effective, it can lead to employees becoming dependent on your help. As a coach, your goal is to help others clarify their problems, recognize patterns in their thinking, and find their own solutions. This increases their problem-solving abilities and self-awareness, fostering their growth as professionals.

Our tendency to offer solutions, make assumptions, and have opinions can hinder us. A good coach is curious about what drives and motivates people. You listen without judgment, observe, and ask questions. Although this sounds simple, it is challenging.

Who should attend Coaching: the approach

For every professional who wants to get the best out of themselves and others every day, such as:

- Managers: Enhance your leadership skills and support your team's development.
- HR Professionals: Equip yourself with coaching techniques to better assist employees.
- Team Leaders: Learn to motivate and guide your team effectively.
- Aspiring Coaches: Gain foundational coaching skills to start your coaching journey.
- Project Managers: Improve your ability to manage and support project teams.
- Consultants: Add coaching to your toolkit to provide more comprehensive client support.
- Educators: Use coaching techniques to better support students and colleagues.
- Healthcare Professionals: Apply coaching skills to improve patient and team interactions.
- Sales Managers: Enhance your ability to coach and develop your sales team.
- Entrepreneurs: Develop coaching skills to better lead and grow your business.



Prerequisites

No prior coaching experience is required. A willingness to learn and an open mind are essential.

Objectives

At the end of the training you will be able to:

- Understand the fundamentals mindset of a coach
- Structure a coaching conversation effectively
- Comprehend the impact of different types of questions and interventions
- Gather insight into your own strengths and areas for improvement in coaching
- Conduct effective coaching conversations
- Help others gain insight into their thinking patterns and qualities
- Utilize techniques to guide the coaching process

You will be able to conduct a professional coaching conversation by structuring them appropriately and making the right interventions. You will be aware of your attitude, choice of words, and position in relation to the other person. As a result, you will contribute to the independence and problem-solving abilities of others. You will experience how achieving more can sometimes mean doing less. Additionally, you will discover how much fun coaching is!

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